



Kentucky Chamber



# OSHA Fall Protection Competent Person Certification

August 13-14, 2024

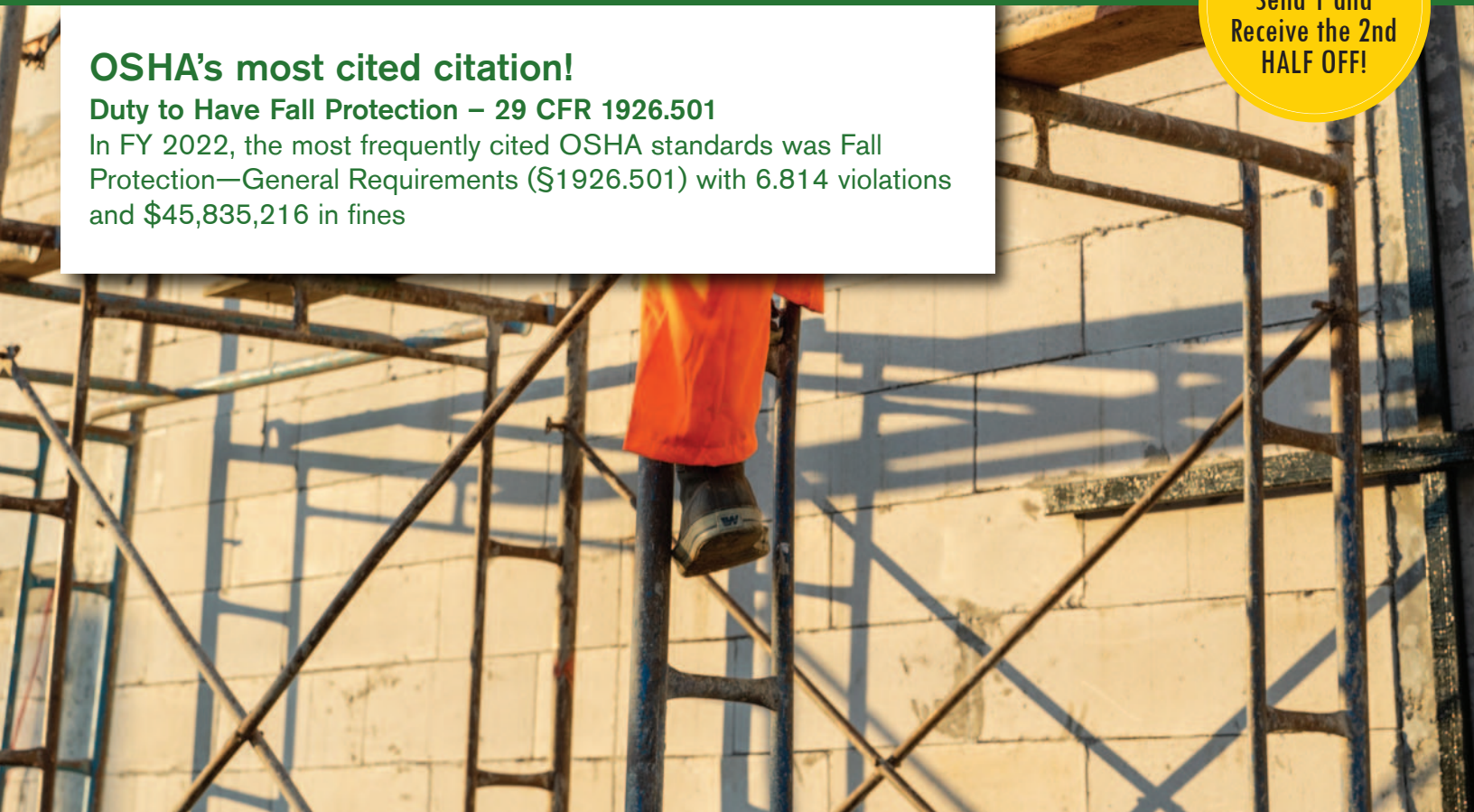
Hilton Garden Inn Louisville Northeast

**SPECIAL  
OFFER**  
Send 1 and  
Receive the 2nd  
**HALF OFF!**

## OSHA's most cited citation!

### Duty to Have Fall Protection – 29 CFR 1926.501

In FY 2022, the most frequently cited OSHA standards was Fall Protection—General Requirements (§1926.501) with 6,814 violations and \$45,835,216 in fines



# OSHA Fall Protection Competent Person Certification

## Why Attend

This two-day course in Fall Protection Competent Person Certification is designed for both Construction and General Industry companies and workers.

Anyone responsible for determining or fulfilling the role of a competent person relative to Fall Protection would benefit from this course, along with safety managers and workers exposed to heights and using fall protection equipment safely. The course will ensure the students ability to identify fall hazards, design fall hazard and falling object hazard solutions, as well as many other factors that would ensure workers safety relative to Fall Protection.

This intensive two-day course includes the proper donning, care, maintenance and inspection of equipment, along with understanding the different concepts in Fall Protection. There will be classroom, hands-on instruction, exercises, and evaluation of participants in the areas of:

- Regulations pertaining to Fall Protection
- Responsibilities of a Competent Person
- Clarifying the terms Fall Protection, Positioning, Restraint, Fall Arrest
- Identification, selection, care, storage, and inspection of equipment
- Conventional and non-conventional Fall Protection Systems
- Hierarchy of Fall Protection
  - Fall hazard elimination and control methods
  - Passive vs. active fall protection systems
- Calculating fall distances
- Anchorage requirements
  - 5,000 lbs myth?
- Protection from falling hazards
  - Dropped object hazards
- Rescue solutions and plans
- Fall Protection plans and training

## Who should attend?

- Anyone in the role (or will be) of Competent Person for Fall Protection
- General Industry and Construction Personnel
- Safety Professionals
- Owners
- Managers
- Supervisors of those working at heights
- Safety Trainers
- Workers exposed to fall hazards
- Fall protection equipment inspectors
- Safety Committee personnel
- Safety Lead personnel

## What is Competent Person?

The actual term **Competent Person** is used in many OSHA standards, documents and directives, as well as several proprietary and private standards and guidelines.

Though the actual responsibilities of a Competent Person in code varies as they pertain to fall protection, generally, such persons, who **often act on the employer's behalf**, must possess the ability to anticipate, protect and prevent injuries and illnesses when applied to actual and specific work performed by themselves and other employees.

In many OSHA standards, competent person too must be able to **train employees**. It is important to understand that when a regulation mandates the use of a competent person, it is an **employer's obligation** to determine the ability of such individuals and designate them accordingly by their knowledge of standards, experience at the task at hand and ability to take corrective action.

Keep in mind that the authority to take corrective action can vary from having the knowledge to make something safe and hazard free to simply not allowing work to be performed, hence preventing employee exposure.

**OSHA's Construction Definition of a Competent Person - 29 CFR 1926.32(f):** One who is capable of identifying existing and predictable hazards in the surroundings or working conditions. which are unsanitary, hazardous, or dangerous to employees, and who has authorization to take prompt corrective measures to eliminate them.

**OSHA's General Industry Definition of a Competent Person - 20 CFR 1910.140(b):** A person who is capable of identifying existing and predictable hazards in any personal fall protection system or any component of it, as well as in their application and uses with related equipment and who has authorization to take prompt, corrective action to eliminate the identified hazards.

# Agenda

8 a.m. Registration & continental breakfast (provided)

8:30 a.m. Seminar begins

Noon Lunch (provided)

4:30 p.m. Seminar adjourns

## DAY ONE

**8:00 a.m. | Registration and Continental Breakfast**

**8:30 a.m. | Introduction**

- Purpose and Overview of Fall Standards
  - Scope – What Standards Apply?
- Latest Statistics, Inspections, and Fines Regarding Falls from OSHA
- Duty to have Fall Protection - Employer Responsibility

**What is Covered in each Standard**

- General Industry
- Construction
  - Residential Construction

**Responsibilities of a Competent Person**

- General Industry
- Construction

**Fall Protection Concepts**

- Fall Protection
- Positioning
- Restraint
- Fall Arrest
- Identification of Concepts exercise

**12:00 p.m. | Lunch (provided)**

**1:00 p.m. | Hierarchy of Fall Protection**

- Passive vs. active fall protection systems

**Personal Fall Arrest System**

- Anchorage
- Body Harness
- Connective Devices

**Calculating Fall Distances**

- Arresting Force
- Free Fall
- Deceleration
- Swing Falls
- Safety Factors
- Fall Distance Calculations Exercise

**Fall Protection Equipment**

- Donning and Doffing
  - Hands on Practice
- Recommended Usage
- Maintenance and Storage
- Inspection Requirements

**4:30 p.m. | Day one adjourns**

## DAY TWO

**8:00 a.m. | Continental Breakfast**

**8:30 a.m. | Anchorage Requirements**

- Safety Factor of two
- 5,000 lbs myth?

**Fall Demo**

**Inspection Exercise**

**12:00 p.m. | Lunch (provided)**

**1:00 p.m. | Protection from Falling Hazards**

- Dropped Object Protection
  - Tool Tethering
  - Controlled Access Zones
  - Toe Boards
  - Nets/Canopies
- Deflection Concepts

**Rescue Solutions and Plans**

- General Industry
- Construction

**Fall Protection Plans**

- When Allowed
- Sample Plans

**Fall Protection Training**

- Who can do the Training?
  - Qualifications
  - When to Train
- Training Content

**Group Exercise**

- Group Tabletop Scenarios
  - Identification of Fall Hazards
  - Selection of Equipment
  - Safety Usage
  - Fall Protection Plan

**4:30 p.m. | OSHA Fall Protection Competent Person Certifications adjourns**



## About the speaker

### Bobbi K. Samples, CSP

With over 30 years of dedicated experience in safety, Bobbi K Samples, CSP\* is a seasoned professional renowned for her expertise in ensuring the well-being of individuals in both manufacturing and construction environments. Her extensive background includes on-site roles in manufacturing and construction, coupled with a wealth of experience as a safety and health consultant.

Bobbi has played a pivotal role in guiding numerous companies to achieve and maintain compliance with OSHA regulations. Her in-depth knowledge and innovative approach to safety training have empowered organizations to foster a culture of safety, leading to enhanced workplace well-being and accident prevention.

As a proven leader in safety and health written program management, Bobbi has demonstrated her ability to create and implement effective safety programs that meet the unique needs of diverse industries. Her commitment to excellence has been a driving force behind the success of countless companies striving for safety compliance.

Bobbi's impact extends beyond individual businesses, as she has actively contributed to improving safety cultures within Fortune 500 companies. Her collaborative approach and ability to navigate complex organizational structures have made her an invaluable asset to corporations seeking to elevate their safety standards.

In addition to her on-site and consulting roles, Bobbi has an entrepreneurial spirit, owning two safety and health consulting companies. Her visionary leadership is further evidenced by her involvement in imagining, developing, and owning over six businesses, showcasing her diverse skill set and commitment to driving success.

Bobbi K Samples is not just a safety professional but a catalyst for positive organizational change. She consistently demonstrates a passion for safety, a commitment to compliance, and a track record of success in shaping and enhancing safety cultures.

**Samples has over 27 years training Fall Protection and related hazards, equipment, and solutions.**

## Continuing Education

### CEU/CPE

This program may also be eligible for CEU and CPE credits. Contact your professional board to find out what's required.

## Our guarantee

If you are not 100% satisfied with your seminar experience, we will refund your money.

## Membership info

It's not too late to take advantage of the Kentucky Chamber member discount. To learn more about membership, call 502-695-4700 and ask for a membership representative.

## Certification

### Course meets the Criteria for the Following Standards:

OSHA 29 CFR 1926.501 – Duty to have Fall Protection  
OSHA 29 CFR 1926 Subpart M – Fall Protection  
OSHA 29 CFR 1910.140 – Personal Fall Protection Systems  
ANSI Z359 – Fall Protection and Restraint Standards

### Participants will receive upon completion:


Certificate of Completion of Fall Protection Competent Person  
Certification from The Safety Firm, LLC.

# Register OSHA Fall Protection Competent Person Certification

## Registration fees

\$695/Kentucky Chamber Member  
\$795/Non-member

[Register Now ▶](#)

 **Special Offer:** Send 1 and receive the 2nd HALF OFF!

To take advantage of this special offer please:

- [Click here](#) to email Lori Jo Goff at [lgoff@kychamber.com](mailto:lgoff@kychamber.com)
- Or call her at 502-848-8727

## Cancellations/substitutions

Cancellations must be made no later than five business days prior to the program for a full refund. After this date, no cash refunds will be granted. Substitutions are welcome. Special accommodations made upon request.

## Visit the Conference Website

Get additional details and register.

[www.kychamber.com/events/education/oshafallprotection](http://www.kychamber.com/events/education/oshafallprotection)

## Chamber Membership

Not a member but would like to take advantage of member pricing?

[Learn more here.](#)

## Questions?

### Contact

**Lori Jo Goff**

[Click here](#) to email: [lgoff@kychamber.com](mailto:lgoff@kychamber.com)

Phone: 502-848-8727

## Location and lodging

**August 13-14, 2024 (81577)**

**Hilton Garden Inn Louisville Northeast**

9850 Park Plaza Avenue

Louisville, Ky. 40241

Ph: 502-423-0018

Room Rate: TBA

Hotel Room Cutoff date: TBA

\*The advertised Kentucky Chamber room rate cannot be guaranteed after the cutoff date. When contacting the hotel for lodging, please specify that you are with the Kentucky Chamber of Commerce's OSHA Fall Protection Competent Person Certification to receive the discounted rate.