



Kentucky Chamber

NEW COURSE!

OSHA Fall Protection Competent Person Certification

September 28-29, 2021

Holiday Inn Louisville East - Hurstbourne | Louisville

**SPECIAL
OFFER**
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OSHA's most cited citation!

Duty to Have Fall Protection – 29 CFR 1926.501

In FY 2020, the most frequently cited OSHA standards was Fall Protection—General Requirements (§1926.501) with 5,424 violations

OSHA Fall Protection Competent Person Certification

Why Attend

This 16-Hour course in Fall Protection Competent Person Certification is designed for both Construction and General Industry companies and workers. Anyone responsible for determining or fulfilling the role of a competent person relative to Fall Protection would benefit from this course, along with safety managers and workers exposed to heights and using fall protection equipment safely. The course will ensure the students ability to identify fall hazards, design fall hazard and falling object hazard solutions, as well as many other factors that would ensure workers safety relative to Fall Protection.

This intensive 2-day course includes the proper donning, care, maintenance and inspection of equipment, along with understanding the different concepts in Fall Protection. There will be classroom, hands-on instruction, exercises, and evaluation of participants in the areas of:

- Regulations pertaining to Fall Protection
- Responsibilities of a Competent Person
- Clarifying the terms Fall Protection, Positioning, Restraint, Fall Arrest
- Identification, selection, care, storage, and inspection of equipment
- Conventional and non-conventional Fall Protection Systems
- Hierarchy of Fall Protection
 - Fall hazard elimination and control methods
 - Passive vs. active fall protection systems
- Calculating fall distances
- Anchorage requirements
 - 5,000 lbs myth?
- Protection from falling hazards
 - Dropped object hazards
- Rescue solutions and plans
- Fall Protection plans and training

Who should attend?

- Anyone in the role (or will be) of Competent Person for Fall Protection
- Safety Professionals
- Owners
- Managers
- Supervisors of those working at heights
- Safety Trainers
- Workers exposed to fall hazards
- Fall protection equipment inspectors
- Safety Committee personnel
- Safety Lead personnel

What is Competent Person?

The actual term **Competent Person** is used in many OSHA standards, documents and directives, as well as several proprietary and private standards and guidelines.

Though the actual responsibilities of a Competent Person in code varies as they pertain to fall protection, generally, such persons, who often act on the employer's behalf, must possess the ability to anticipate, protect and prevent injuries and illnesses when applied to actual and specific work performed by themselves and other employees.

In many OSHA standards, competent person too must be able to train employees. It is important to understand that when a regulation mandates the use of a competent person, it is an employer's obligation to determine the ability of such individuals and designate them accordingly by their knowledge of standards, experience at the task at hand and ability to take corrective action.

Keep in mind that the authority to take corrective action can vary from having the knowledge to make something safe and hazard free to simply not allowing work to be performed, hence preventing employee exposure.

OSHA's Construction Definition of a Competent Person - 29 CFR 1926.32(f): One who is capable of identifying existing and predictable hazards in the surroundings or working conditions. which are unsanitary, hazardous, or dangerous to employees, and who has authorization to take prompt corrective measures to eliminate them.

OSHA's General Industry Definition of a Competent Person – 20 CFR 1910.140(b): A person who is capable of identifying existing and predictable hazards in any personal fall protection system or any component of it, as well as in their application and uses with related equipment and who has authorization to take prompt, corrective action to eliminate the identified hazards.

Agenda

8 a.m. Registration & continental breakfast (provided)

8:30 a.m. Seminar begins

Noon Lunch (provided)

4:30 p.m. Seminar adjourns

DAY ONE

8:00 a.m. | Registration and Continental Breakfast

8:30 a.m. | Introduction

- Purpose and Overview of Fall Standards
- Scope – What Standards Apply?
- Latest Statistics, Inspections, and Fines Regarding Falls from OSHA
- Duty to have Fall Protection - Employer Responsibility

What is Covered in each Standard

- General Industry
- Construction
 - Residential Construction

Responsibilities of a Competent Person

- General Industry
- Construction

Fall Protection Concepts

- Fall Protection
- Positioning
- Restraint
- Fall Arrest
- Identification of Concepts exercise

12:00 p.m. | Lunch (provided)

1:00 p.m. | Hierarchy of Fall Protection

- Passive vs. active fall protection systems

Personal Fall Arrest System

- Anchorage
- Body Harness
- Connective Devices

Calculating Fall Distances

- Arresting Force
- Free Fall
- Deceleration
- Swing Falls
- Safety Factors
- Fall Distance Calculations Exercise

Fall Protection Equipment

- Donning and Doffing
 - Hands on Practice
- Recommended Usage
- Maintenance and Storage
- Inspection Requirements
 - Inspection Checklist Exercise

4:30 p.m. | Day one adjourns

DAY TWO

8:00 a.m. | Continental Breakfast

8:30 a.m. | Anchorage Requirements

- Safety Factor of 2
- 5,000 lbs myth?

Protection from Falling Hazards

- Dropped Object Protection
 - Tool Tethering
 - Controlled Access Zones
 - Toe Boards
 - Nets/Canopies
- Deflection Concepts

Rescue Solutions and Plans

- General Industry
- Construction

12:00 p.m. | Lunch (provided)

1:00 p.m. | Fall Protection Plans

- When Allowed
- Sample Plans

Fall Protection Training

- Who can do the Training?
 - Qualifications
 - When to Train
- Training Content

Group Exercise

- Group Tabletop Scenarios
 - Identification of Fall Hazards
 - Selection of Equipment
 - Safety Usage
 - Fall Protection Plan

4:30 p.m. | OSHA Fall Protection Competent Person Certifications adjourns



About the speaker

Bobbi K. Samples, CSP is the owner and principal consultant of The Safety Firm, LLC. This is the fifth business she has successfully imagined, created, owned and operated. She received her business management degree from Indiana Wesleyan University and has worked at the executive level within Fortune 500 companies in the areas of human resources and safety. Besides directing the operations of The Safety Firm, Bobbi is a professional artist and innovative motivational speaker. She is consistently cited for her entrepreneurial approaches to training, professional growth and workforce solutions.

Samples has over 25 years training Fall Protection and related hazards, equipment, and solutions.

Continuing Education

CEU/CPE

This program may also be eligible for CEU and CPE credits. Contact your professional board to find out what's required.

Our guarantee

If you are not 100% satisfied with your seminar experience, we will refund your money.

Membership info

It's not too late to take advantage of the Kentucky Chamber member discount. To learn more about membership, call 502-695-4700 and ask for a membership representative.

Certification

Course meets the Criteria for the Following Standards:

OSHA 29 CFR 1926.501 – Duty to have Fall Protection
OSHA 29 CFR 1926 Subpart M – Fall Protection
OSHA 29 CFR 1910.140 – Personal Fall Protection Systems
ANSI Z359 – Fall Protection and Restraint Standards

Participants will receive upon completion:

Certificate of Completion of Fall Protection Competent Person
Certification from The Safety Firm, LLC.

Register OSHA Fall Protection Competent Person Certification

Registration fees

\$595/Kentucky Chamber Member

\$695/Non-member

Special Offer:

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Cancellations/substitutions

Cancellations must be made no later than five business days prior to the program for a full refund. After this date, no cash refunds will be granted. Substitutions are welcome. Special accommodations made upon request.

How to register

Web

www.kychamber.com

Email

lgoff@kychamber.com

Phone

Lori Jo Goff
502-848-8727

Mail

Kentucky Chamber
464 Chenault Road
Frankfort, KY 40601

Location and lodging

September 28-29, 2021 (81401)

Holiday Inn Louisville East - Hurstbourne

1325 South Hurstbourne Parkway

Louisville, Ky. 40222

Ph: 502-426-2600

Room Rate: \$137*

Hotel Room Cutoff Date: August 31, 2021

*The advertised Kentucky Chamber room rate cannot be guaranteed after the cutoff date. When contacting the hotel for lodging, please specify that you are with the Kentucky Chamber of Commerce's OSHA Fall Protection Competent Person Certification to receive the discounted rate.

To register, please complete To process your order, the entire registration form must be complete.

Company

Address

City

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Principal Line of Business

Number of Employees

Complete for additional registrants

Registrants' Names

Titles

E-mail Addresses

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*I understand that by providing the phone, fax number and e-mail information above on behalf of the person/company/organization specified above, I am authorized to and hereby consent for the person/company/organization to receive communication by or on behalf of the Kentucky Chamber of Commerce.

Payment

___ Conference fee enclosed with check payable to the Ky. Chamber. Check Amount \$_____ Check #_____

___ Charge to: VISA___ MC___ American Express___

Account # _____ Exp. Date _____ Security Code _____ Signature _____

___ Bill company PO# _____